2026 Uganda Harvest Calendar

When Uganda's export crops reach peak volume and quality, month by month.

PRODUCT	JAN	FEB	MAR	APR	MAY	JUN	JUL	AUG	SEP	OCT	NOV	DEC
Hass Avocados	PEAK				PEAK	PEAK	PEAK				PEAK	PEAK
Dried Mango	PEAK	PEAK				PEAK	PEAK					PEAK
Dried Pineapple					PEAK	PEAK	PEAK					
Dried Jackfruit												
Specialty Coffee	PEAK	PEAK								PEAK	PEAK	PEAK
Cocoa Beans						PEAK	PEAK	PEAK			PEAK	PEAK
Nilotica Shea Butter			PEAK	PEAK	PEAK	PEAK						
Macadamia Nuts		PEAK	PEAK	PEAK	PEAK	PEAK						
Nile Perch & Fish Maw												

Peak season: highest volume, optimal sizing, best FOB pricing.

Available / lean: volume available, more competition for stock.

Off-season: limited availability; pre-booked contracts only.

Notes: Pineapple (Smooth Cayenne) is available year-round with peak volume May–July. Jackfruit is available 10 months of the year. Nile perch is harvested year-round from Lake Victoria (chilled fillets daily, frozen on monthly contracts, dried fish maw on quarterly contracts), observing Uganda Fisheries Department closed seasons.

Plan Your 2026 Sourcing

Regional harvest drivers, contract deadlines and export logistics.

Regional harvest drivers

- **The Central & Western “Fruit Loop”**
  Avocado, mango and pineapple harvests in Nakaseke and Luwero are driven by the Long Rains (March–May) and Short Rains (September–November).
- **Avocado advantage**
  Uganda’s secondary avocado peak (November–January) arrives as the Peruvian and Mexican seasons wind down.
- **The Northern Nilotica belt**
  Shea trees flower December–February and fresh nut collection begins in March. Sourcing in April and May secures First Press butter with the lowest peroxide values.
- **Coffee and cocoa**
  Arabica comes from Mt. Elgon; Fine Robusta from Central Uganda and the Lake Victoria Basin. Cocoa comes from Bundibugyo, where Trade Africa Direct runs a direct collection point.

Critical sourcing deadlines

- **Sea freight via Mombasa**
  Finalize contracts 45 days before the peak season begins, to allow for road transit and port clearance.
- **Air freight via Entebbe (EBB)**
  Finalize volume requirements 14 days in advance to secure cold-room space and pallet positions on cargo flights.
- **Private label / custom packaging**
  Sign contracts 60 days before harvest to allow for packaging procurement and branding.
- **Dried fruit**
  Open forward contracts 60 days before peak harvest for priority allocation.
- **Hass avocados**
  Open forward contracts 45 days before peak season to lock in preferred count sizes.

Logistics & documents

- **Air route: Entebbe (EBB)**
  For fresh avocados, chilled Nile perch and urgent samples. Air MOQ 500 kg for dried fruit, avocados and chilled fillets.
- **Sea route: Mombasa (MBA)**
  For dried fruit, shea butter, coffee, cocoa and frozen fish. Transit 25–35 days to Rotterdam/Hamburg and 15–20 days to Jebel Ali (UAE).
- **Container loads (20ft FCL)**
  Dried fruit approx. 9 MT · Cocoa 12.5 MT · Green coffee 19.2 MT loose / 14.4 MT palletized · Avocados approx. 18 MT (CA).
- **Export document trinity**
  Phytosanitary Certificate, EUR.1 Movement Certificate (duty-free EU entry) and Certificate of Origin (URSB) with every plant-based shipment.

Ready to plan your 2026 contracts?

Request a formal FOB or CIF quote within 24–48 hours, plus a 1 kg commercial sample via DHL.

Request a quote